ODE TO COPROLOGY

by POD

(I run a coprology practical for medical students each year and we take a liberal arts approach to a delicate subject)

I am a coprologist! Proud to study ..IT not Information Technology nor International Trade more like Internal Trafficking of digesta previously made.

How I revel in the beauty the baseness of the beasts the tiny little parasites indulging in my feasts

The study of gut parasites causing nasty diarrhoea requires a strong constitution with little room for fear

People tend to avoid handling horrid excrement particularly when it may contain many an infectious element

However, diagnoses are easy but dirty jobs to do using various techniques to examine a little poo

The first major task to score the matrix under test involves a personal assessment of stool appearance at its best

Patients relate frequency clinicians consistency and gel laypersons note colour while experts swear by smell

Sensitive preparative techniques reduce volumes to dregs revealing small protozoan cysts and larger helminth eggs

Experienced microscopists identify species without troubles while young trainees discover many new types of bubbles

Many think ascarid roundworms cause diarrhoea most foul but nasty tangles of adults can obstruct your bowel

Heavy infections by whipworms heads buried in your septum cause you to strain and grunt sometimes prolapsing your rectum

Hookworms with wicked smiles and large lusty appetites dine upon bloody meals causing nasty anaemic blights

Pinworms with perianal habits make disease an ill-defined thing typified by irritability and a very itchy ring

The taeniid gargantuan impressive in its size causes patient consternation passing segments as it prize

The cryptic liver fluke hiding in biliary spaces causes fibrotic changes upsetting hepatic stasis

The wily Giardia flagellate carpeting the intestinal wall blocking off absorption promoting diarrhoeic squall

The tissue lysing Entamoeba crossing the colon in force often invades softer tissues forming abscesses filled with sauce

Balantidium the consummate athlete accomplished swimming that it boasts nonetheless does not differentiate between humans and pigs as hosts

The prolific gut coccidia indulging in sexual trysts results in runny faeces full of tiny oocysts

Timely detection and treatment allows prognosis less than dire drying up the runs and trots and soothing the burning ring of fire.