

# Clinical haematology

#### Blood

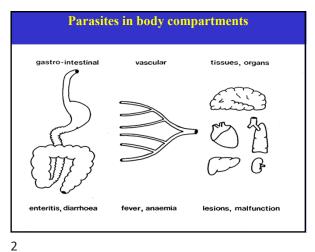
- oxygen transport
- nutrient supply
- metabolic waste disposal

### Haematology = study of blood

- for disturbances in:
  - cellular characters (red/white blood cells)
  - subcellular characters (platelets/bodies/haem)
  - acellular characters (protein, fibrinogen, etc)
- for presence of parasites

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**Blood composition** without anticoagulant clot (cells + fibrinogen) with anticoagulant plasma (serum + fibrinogen) white blood cells red blood cells

## Haemo-parasites

### protozoa

- flagellates - trypanosomes
- apicomplexa haemogregarines
  - haemosporidia
  - piroplasms

### **helminths**

- filarial worms nematodes
- trematodes - blood flukes

All utilize haematophagous insects as vectors

**BLOOD CELLS** circulating cells divided into: erythrocytes (red blood cells) · leucocytes (white blood cells) - granular eosinophils basophils neutrophils - agranular lymphocytes monocytes

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### PLASMA CONSTITUENTS

water solvent

• ions Na, K, Ca, Mg, Cl, HCO<sub>3</sub>

(osmotic balance, pH buffering,

regulation of membrane permeability)

• proteins albumin (osmotic balance, pH)

fibrinogen (clotting)

gamma-globulins (humoral immunity)

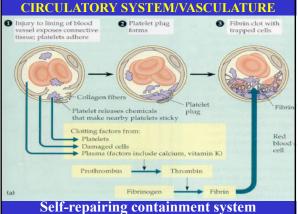
• gases O<sub>2</sub> and CO<sub>2</sub> (respiration)

• nutrients glucose, fatty acids, vitamins, etc

• metabolic waste urea, lactic acid, etc

• hormones various

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**ERYTHROCYTE CHARACTERS** 

• size (anisocytosis, macrocytic, microcytic)

• **shape** (poikilocytes, leptocytes, spherocytes, target cells, acanthocytes, spherocytes, schistocytes)

• distribution (single, Rouleau, agglutination)

• colour (normochromic, hypochromic, polychromasia)

abnormal structures

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(Howell-Jolly, Heinz, Pappenheimer bodies, basophilic stippling, nucleated red cells, inclusion bodies, nuclear fragmentation, parasites) **Clinical Haematology - erythrocytes** 

• RBC concentration (millions per µl)

• PCV = packed cell volume = haematocrit (%)

• RBC diameter (µm)

• MCV = mean corpuscular volume (fl)

• Hb = haemoglobin (g/dl)

• MCH = mean corpuscular Hb (pg)

• MCHC = mean corpuscular Hb concentration

• ESR = erythrocyte sedimentation rate (mm/h)

reticulocytes (%)

nucleated erythrocytes (%)

fragility test (% saline → haemolysis)

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### LEUCOCYTE CHARACTERS

abundance

types

abnormalities

(nuclear degeneration; hyper/hypo-segmentation; toxic changes such as azurophilic granules, vacuolation, foaminess, basophilia, Dohle bodies; giant bizarre forms)

cytoplasmic inclusions

(phagosomes; inclusions; bacteria; parasites)

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### **Clinical Haematology - leucocytes**

total WBC (no./µl)

• differential count (% types) (lymphocytes, monocytes,

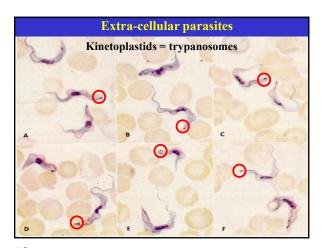
neutrophils, basophils, eosinophils)

differential absolute count (no./µl)
 platelets = thrombocytes (no./µl)

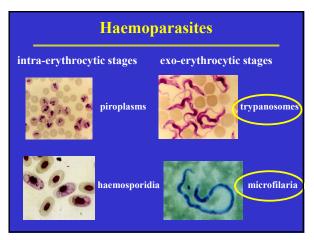
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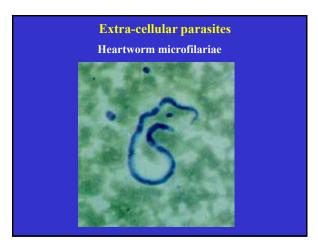
## **Impact of parasites**

- range of protozoa parasitize RBC &/or WBC
- multiply and released by destroying host cells
- causing range of haematological abnormalities
- compromise blood function (gas, nutrients, ..)
- may disturb blood delivery (vascular changes)
- burden quantitated as % parasitaemia



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Intra-cellular parasites

Plasmodium Haemoproteus Leucocytozoon

Hepatozoon Haemogregarina Babesia

Diagnostic haemo-parasitology

Direct demonstration of parasites

in vitro culture

in vivo inoculation

Indirect demonstration

symptomatology

clinical parameters

serology

Direct demonstration

- poor sensitivity

- limited availability

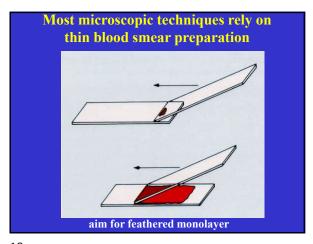
- host specificity

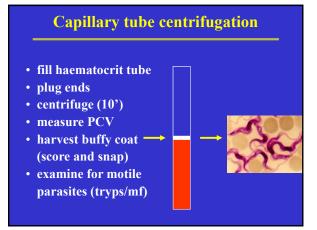
- nonspecific signs

- nonspecificity

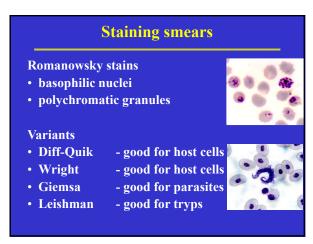
- cross-reactivity

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Concentration

Knott's test (for microfilaria)

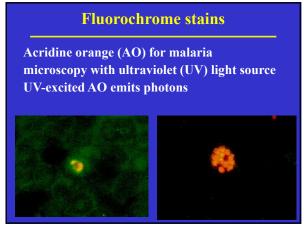
clarify blood by hypotonic lysis of RBC (use dilute formalin)

pellet remaining cells by centrifugation

visualize by methylene blue staining

examine wet preparations for mf

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Direct detection of intra-erythrocytic stages

• blood smears (thick, thin)

• histochemistry (Romanowsky, fluorochromes)

Direct detection of exo-erythrocytic stages

• capillary tube centrifugation (haematocrit)

• concentration (Knott's test)

Indirect detection - serology

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## **Serology**

Provides presumptive evidence of infection by demonstration of:

- · host antibodies
- parasite antigens

### **Useful for:**

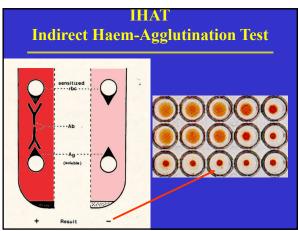
- · antemortem diagnosis
- detecting carriers (asymptomatic)
- differentiating acute and chronic infections

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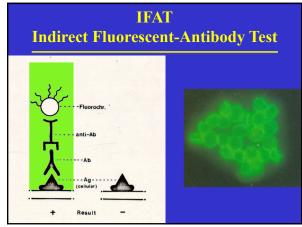
# **Antigen-Antibody Tests**

- precipitin tests
- immunodiffusion
- immunoelectrophoresis
- complement fixation
- agglutination tests
- immunofluorescence
- enzyme immunoassays
- · radio immunoassays

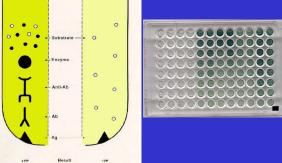
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+ Result - 30



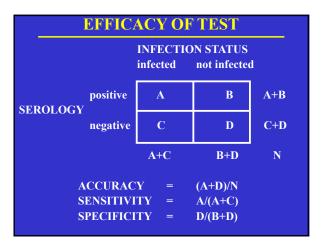
ELISA
Enzyme Linked Immuno-Sorbent Assay



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# Ideal characteristics of diagnostic test

- safety consideration
- cost efficient
- time efficient
- long-lived reagents
- ease of performance
- · reproducibility
- · specificity
- sensitivity
- accuracy



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# **Consequences of misdiagnosis**

## **Poor sensitivity**

unacceptable number of false negatives

• no treatment → disease progression → death

### **Poor specificity**

unacceptable number of false positives

• unnecessary treatment  $\rightarrow$  side effects  $\rightarrow$  cost